

Future You

Intention Setting Worksheet



Explore



Design



Climb

*Look straight ahead, and fix your eyes on what lies before you.
Mark out a straight path for your feet; stay on the safe path.
Don't get sidetracked; keep your feet from following evil.*

- Proverbs 4:25-27

One of the most important aspects of growth and achievement is setting intentions. Intention means to have in mind a purpose or plan, to aim the mind. It's important to fix our eyes on that intention. Write out your intention for your own future as you deeply desire it to be. Imagine your ideal experience has happened and think of it vividly as you write. Reference this frequently. Your mind will follow the path you set for it.

- What does your career look like in one year?
- What are you doing with it and where has it taken you?
- Who is around you?
- Where are you enjoying it the most?
- What impact is it having in the lives of others?
- Where have you grown the most?
- Where has prosperity been most evident?